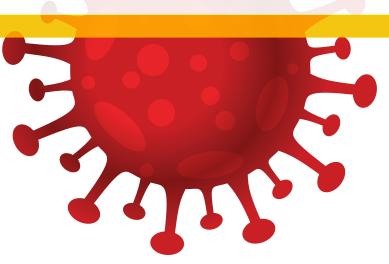
## CORONAVIRUS AND YOUR HEART



Most of us are worried about the new coronavirus.

DON'T IGNORE HEART SYMPTOMS,

ESPECIALLY IF YOU HAVE A HEART CONDITION.



## **GETTING CARE IS CRITICAL**



You'll get better faster.
You'll limit damage to your health.

# HEART ATTACK

- Chest pain
- Difficulty breathing
- Discomfort in chest, arms, back, neck, shoulder or jaw

#### **STROKE**

- Numbness, weakness or loss of movement in your face, leg or arm, especially on one side
- Confusion, trouble speaking or understanding
- **Loss of balance**

## **CALL 911**



If you think you are having a HEART ATTACK or STROKE.

Heart attacks and strokes don't stop during a pandemic.

Hospitals have safety measures to protect you from infection.

**CALL YOUR DOCTOR** if you have a heart condition and have questions or think you need a health visit.

**DON'T DELAY** routine care. You may be able to get advice over the telephone or use telehealth for a virtual visit.



For more information about the new coronavirus for people with heart conditions, visit *CardioSmart.org/Coronavirus* © @CardioSmart